

### How-to: birds of paradise sideboard











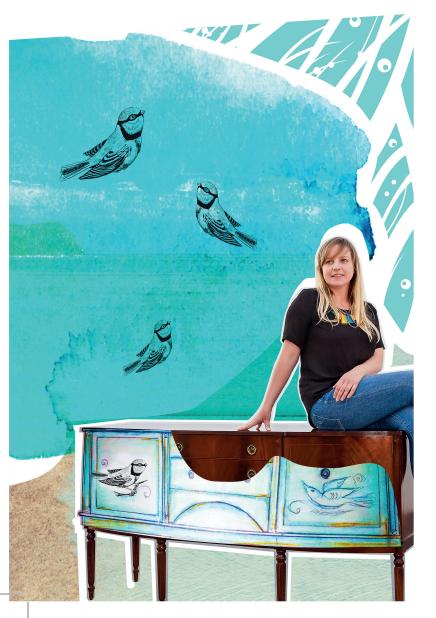


Everything can be anything you want it to be.
Upcycling changes everything.

# Here's how to apply the birds of paradise look to a piece of furniture

We've chosen a sideboard to transform with this technique, but you can apply this process to other types of furniture.





#### You'll need:

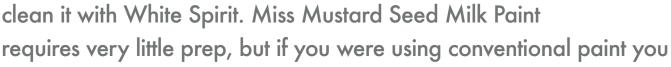
- Miss Mustard Seed Milk Paint in your choice of colour.
- Sanding Sponge 220 grit
- 120 Grit Sandpaper
- White Spirit
- Miss Mustard Seed Paint Mixer
- A scoop or spoon to measure the paint
- Fusion Mineral Paint Tinting
   Kit in your choice of colour
- Miss Mustard Seed
   Furniture Wax
- Laser Printed Images
- Fusion Transfer Gel
- Rags

#### What do I need to do?

## Follow this easy step by step guide:

#### 1 Prep

First remove all the hardware. It is a good idea to keep it all in a jar with a lid so nothing can go missing! Then give the piece a light sand and



would need to sand really well and clean the same way.



#### 2 Apply wax

To achieve a chippy vintage look to this piece take some Miss Mustard Seed Furniture wax on a bit of rag and run it along the edges.

The wax stops the paint from adhering to the piece in those places which is what creates the vintage look with this paint.

3 Get your paint ready

Mix up the paint. It comes as a powder and you mix up as much as you need at a time at a ratio of 1 part water to 1 part powder and mix well for 5 mins.

#### 4 Paint

This piece took three coats. In normal conditions you need to leave about 20 minutes between coats. You can easily see when the paint has dried though, so just use your judgement. Pick out some of the details using Fusion Mineral Paint Tints. We used a mixture of Bronze and Pale Gold.





#### 6 Sand

Take a soft sanding sponge and sand all over, this makes the paint lovely and buttery smooth. Then take a 120 grit piece of sandpaper to the edges and sand gently to reveal the original wood and the areas where the wax was.

#### 7 Print images

You will need two copies of your design one the right way round and one in reverse. For this technique to work you need to print the images using a laser printer.

#### 8 Transfer the images

Cut out the birds and mark where on the piece you want to place them. Place the bird where you want it on the piece. Follow the instructions on the transfer gel you have chosen to use

#### 9 Apply wax

Wax the piece all over and return the hardware.

#### And finally...

Admire your work! Let us know how you get on and send us a picture of your finished piece at facebook.com/recycleforscotland or on Twitter using #MakeThingsLast



Birds of paradise sideboard the winning upcycled design #DesignDoc





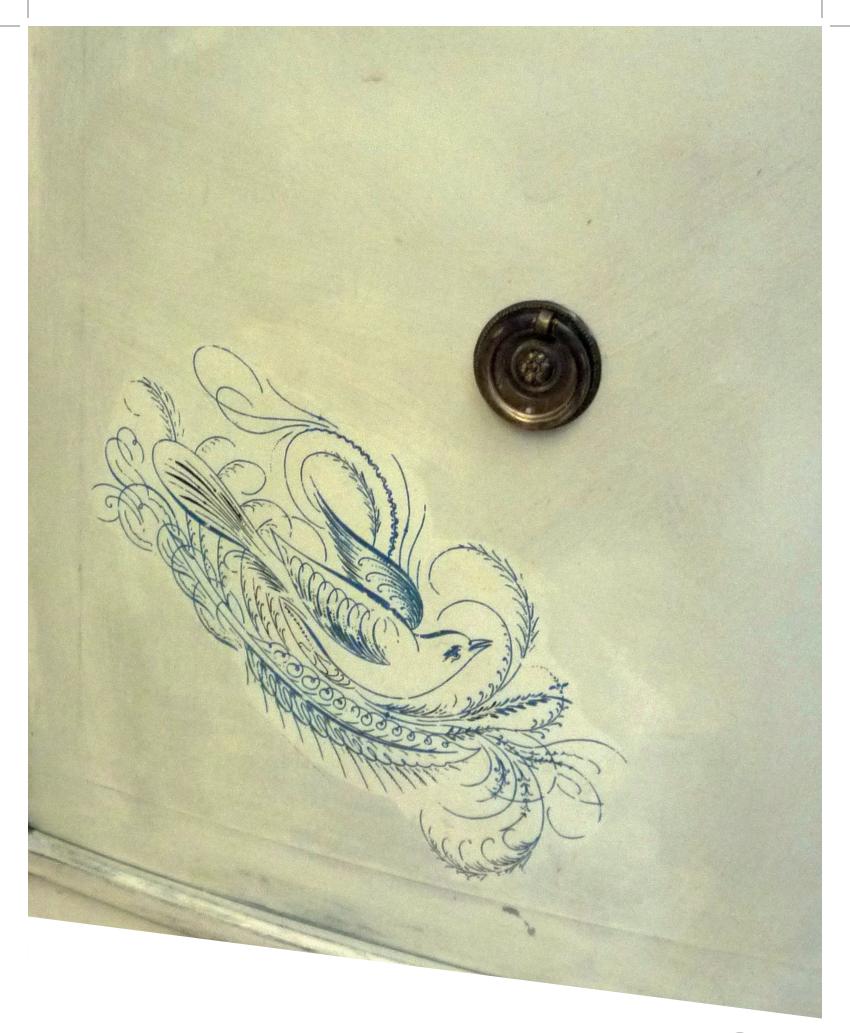




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