



Resource: Resource 27 - Reimagining food
Text: Use the powerpoint to discover cultures and dishes from around the world. Consider the food items on the final page – can you create your own dishes to use the items up? This resource involves literacy skills and social studies.
Suitable for: P6 - P7
Approximate time: 30 minutes
Curriculum links: HWB 2-34a, SOC 1-08a, SOC 2-19a:

Sustainable Development Goal Links:



Leftover meat and vegetables from
an everyday meal...



**LOVE
FOOD**
hate waste

...can be transformed into a frittata from Spain...

...which is like a potato and onion omelette often including meat.



LOVE
FOOD
hate waste

... or Pytt i Panna a traditional Swedish dish made from leftover meat and vegetables...

...which are fried and served with egg on top.



LOVE
FOOD
hate waste

Leftover rice...



**LOVE
FOOD**
hate waste

...can be reimagined into Nasi Goreng from Indonesia...

...a dish of re-fried rice with cabbage, carrot and egg...



...it can also include meat.

**LOVE
FOOD**
hate waste

...or in Italy it is turned into Arancini...

...crispy fried balls of rice often with cheese or meat in the middle.



LOVE
FOOD
hate waste

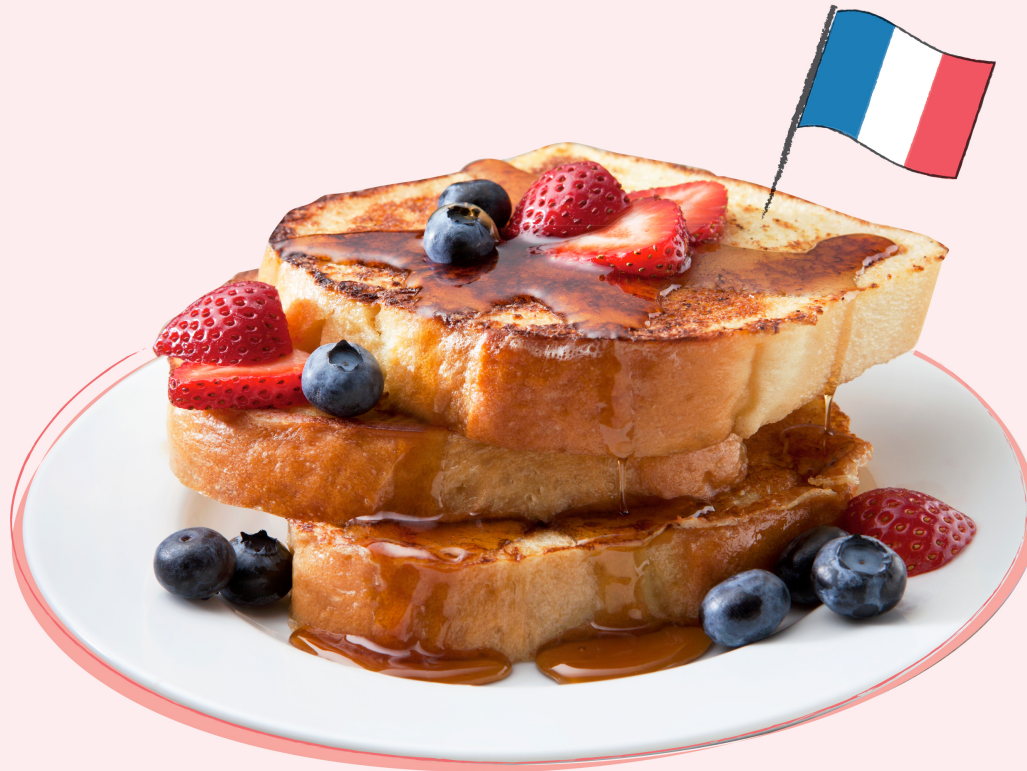
Leftover bread...



**LOVE
FOOD**
hate waste

...can be transformed into Pain
Perdu or 'eggy bread' from France...

...which can be
sweet or savoury.



**LOVE
FOOD**
hate waste

...or Pudina tal-Hobz a bread pudding...

...using cocoa and raisins from Malta.



**LOVE
FOOD**
hate waste

Leftover cooked potatoes...



**LOVE
FOOD**
hate waste

...can be reimagined into **Bubble & Squeak** from the UK...



... Using **Sunday roast** leftovers.

LOVE
FOOD
hate waste

...German Bratkartoffeln or
'pan fried potatoes'...

...made from leftover
potatoes, bacon and
onion.



**LOVE
FOOD**
hate waste



Reimagining leftovers

1. Pick one of the following foods to be reimagined:

Meat
Vegetables
Fruit

2. Ideas for reimagining leftovers:

Meat - pasta or rice dish
Vegetables - soup or omelette
Fruit - smoothie or pancakes

3. Draw a picture of your dish and write down what is in it

Your dish

What is in your dish? What does it taste like?