



How-to: baby changer to kitchen island

 recycleforscotland
 Revolvereuse

EMILY ROSE
VINTAGE
Upcycled Furniture and Vintage Finds



Everything can be
anything you want
it to be.

Upcycling changes
everything.



Here's how to apply the kitchen island look to a piece of furniture

We've chosen a baby changer to transform with this technique, but you can apply this process to other types of furniture.



You'll need:

- sandpaper
- paintbrush
- bergere coloured paint
- ironstone white paint
- wax
- sponge, cloth or paintbrush to apply wax
- kitchen chopping block
- decorative stencil of your choice
- repositionable spray mount
- green chalk paint
- hemp oil



What do I need to do?

Follow this easy step by step guide:

1 Sand and clean

Give the piece a quick sand and clean it down with white spirit.

2 Paint

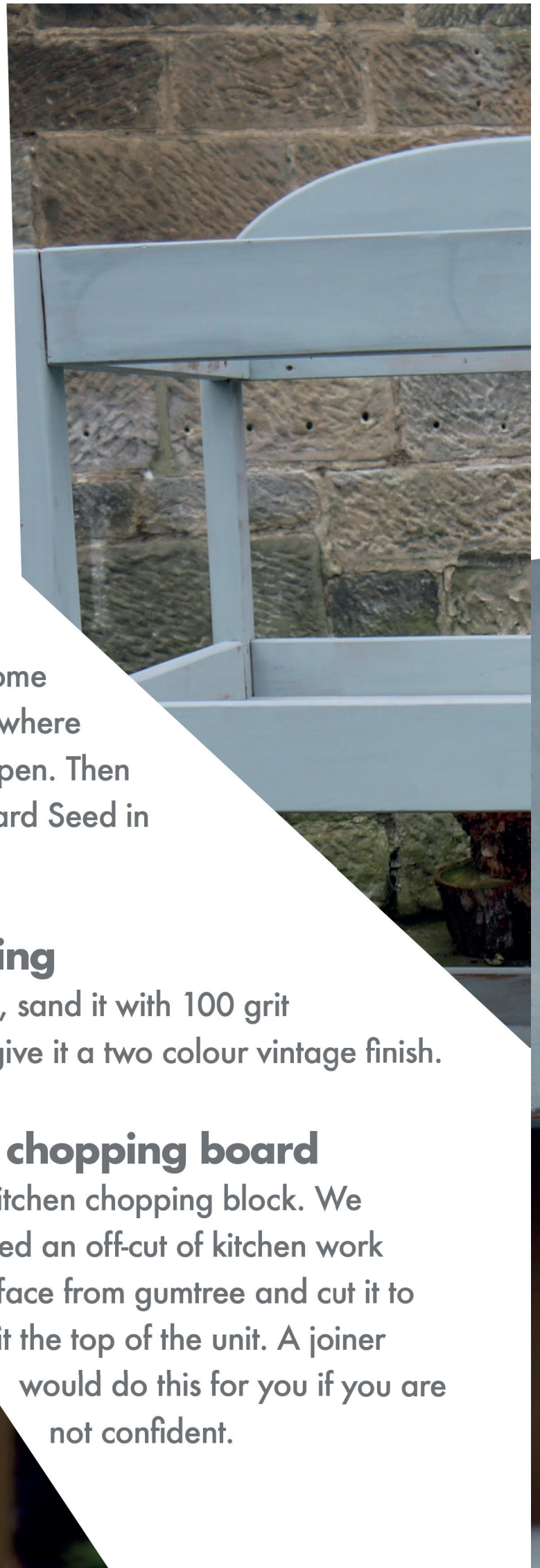
Then give it one coat of Miss Mustard Seed milk paint in Bergere. Let it dry for 30 minutes then apply some wax around the edges and in places where natural wear and tear would happen. Then give it one coat of Miss Mustard Seed in ironstone white.

3 More sanding

Once it has dried, sand it with 100 grit sandpaper to give it a two colour vintage finish.

4 Add chopping board

Get a kitchen chopping block. We sourced an off-cut of kitchen work surface from gumtree and cut it to fit the top of the unit. A joiner would do this for you if you are not confident.



5 Stencil

Next place the stencil in the centre of the piece with repositionable spray mount and use a sponge roller to apply some green chalk paint.



6 Oil

Give the whole piece a coat of hemp oil including the worktop.

7 Add a hook

Attach a vintage hook.

And finally...

Admire your work! Let us know how you get on and send us a picture of your finished piece at facebook.com/recycleforscotland or on Twitter using #MakeThingsLast



the winning upcycled design
kitchen island unit
#DesignDoc

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A detailed list of Revolve shops across Scotland can be found at revolvereuse.com



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