

Re-use cascade training session plan



Theme

Upcycling

Objectives

To do an activity with children that is on the surface of it about fun and creativity, but is also a way of introducing them to re-use.

Outcomes

To get children to make something that will be useful for them and reduce waste and for them to understand why they should use a re-usable bag.

You will need

- Cotton bags
- Fabric crayons and pens

recycleforscotland.com/re-use

Instructions for the group

Introduction

To put this activity into context, ask the group to guess at some figures before starting the activity.

Q – Before October 2014, approximately how many single use carrier bags were given out by Scottish shops every year?

A – 800 million

Q – What happened in October 2014?

A – A 5p charge was introduced for all single use carrier bags

Q – Why was the charge introduced?

A – To reduce the amount of bags given out and increase the use of re-usable bags instead.

Q – Why do we want to reduce the amount of bags given out?

A – To reduce litter, to reduce waste, to raise money for charity (some shops give the 5ps to charity)

Q – How much money was raised for charity in the first year of the charge?

A – £6.7m.

More info at <http://www.zerowastescotland.org.uk/content/carrier-bag-charge-%E2%80%98one-year-on%E2%80%99-report-0>





The session

- Using the fabric crayons and pens, create your very own design onto the fabric
- The design will not be permanent and therefore can smudge and wash off, so be careful when handling
- Cover the completed design with a clean sheet of paper or cloth (tea towels are perfect for this) and press over the bag with a hot iron. This will set the dyes and inks and make the design permanent and washable.
- If you are not happy with the design, do not iron, but wash it out and start again.

Source Thanks to Forth Upcycling Network

<http://www.forthenvironmentlink.org/projects/forth-upcycling>

Hints/useful links

The following might help give you inspiration or instructions:

- NB. You can also make this a t-shirt re-use activity. There are numerous patterns/videos online for how to make a bag out of a t-shirt and then you can decorate them as per this activity. These are just two slight variations https://www.youtube.com/watch?v=gJ-B_-qiLJ8 and <https://snapguide.com/guides/make-a-tote-bag-from-an-old-t-shirt-no-sewing/>

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 **re-use**
donate, swap, sell, buy